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Vanilla Whey Protein Smoothie Recipes SparkRecipes

Just Blueberry Vanilla Whey Powder Protein Smoothie. I need to make this version because I ran out of fresh bananas which I usually use (75g banana/75g blueberries).

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vanilla green protein smoothie Healthy Seasonal Recipes

I have been drinking a vanilla green protein smoothie every day recently when I get home from my workout. They are only about 200 calories and give you two servings of fruits and vegetables per each creamy glass.

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9 Healthy Whey Protein Recipes Bodybuilding com

Made with peanut butter, fresh berries, and vanilla ice cream-flavored whey protein, this smoothie tastes even more indulgent than the sandwich, and its high-nutrient ingredients will support your health goals, too.

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Vanilla Berry Protein Smoothie Recipe by Tasty

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Vanilla Matcha Protein Smoothie Recipe Life by Daily Burn

Vanilla Matcha Protein Smoothie Recipe. Serves 1. Total time: 5 minutes. Ingredients. 1 cup unsweetened almond milk 2 scoops (39.8 grams) vanilla protein powder 1/2 cup ice 1 banana 2 teaspoons matcha green tea powder 1/2 teaspoon maple syrup Fresh vanilla bean, scraped from 1 inch of a pod. Preparation. Combine all ingredients in a blender and mix until smooth.

<http://ebookslibrary.club/Vanilla-Matcha-Protein-Smoothie-Recipe-Life-by-Daily-Burn.pdf>

VANILLA LATTE PROTEIN SMOOTHIE Celebrating Sweets

Coffee Smoothie. This smoothie is my new favorite! It is thick and creamy and filled with the flavors of coffee and vanilla. The coffee flavor comes from espresso powder and coffee yogurt. The vanilla flavor comes from vanilla almond milk, vanilla protein powder, and a touch of vanilla extract.

<http://ebookslibrary.club/VANILLA-LATTE-PROTEIN-SMOOTHIE-Celebrating-Sweets.pdf>

Smoothie With Vanilla Protein Powder Recipes SparkRecipes

Protein Breakfast Smoothie. During the week, my morning time is very limited and I used to skip breakfast. After refocusing to ensure I ate something filling, healthy and quick EVERY morning, I started to make these.

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Coffee Protein Smoothie Kraft Recipes

Put some pep in your step with a Coffee Protein Smoothie! Use coffee, almond milk, banana and vanilla whey protein in this Coffee Protein Smoothie.

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